

SHAC Meeting Minutes  
Millsap ISD  
February 9, 2017

The meeting was called to order at 4:00 pm. The meeting was held at the High School Library. Members present signed in.

Tina Stevens, Child Development Director, explained the importance of Smart Snacks. These snacks are available to the students at MISD. Praise was given to each of the campus cafeterias for their delicious and nutritious breakfasts and lunches. Mrs. Stevens also explained that all campus cafeterias have to follow regulations set by the Texas Department of Agriculture.

Mrs. Martin, Assistant Superintendent, and SHAC members reviewed and updated the Student Welfare Wellness and Health Services. Below is a list of modifications:

\*Nutrition Promotion

Action steps: Distribute flier regarding school food programs within the first two weeks of the school year; send a follow-up letter the 2<sup>nd</sup> semester.

~~Tina Stevens will post school lunch nutritional information on the school website. Specifically calories, carbohydrates, sugar and protein.~~

Mrs. Williams and Mrs. Martin have been in contact with Mary Elliot from Pure Truth. Ms. Elliot would graciously conduct programs for 7<sup>th</sup> - 12<sup>th</sup> students free of charge. She would conduct a parent meeting, then student assemblies or small groups. Two SHAC members will sit in and listen to one of Ms. Elliot's classroom lectures and report back to the next SHAC meeting to see if the group wants to move forward with her program.

Next meeting will be April 10, High School Library, 4-5:30.

Meeting adjourned at 5:25pm.